



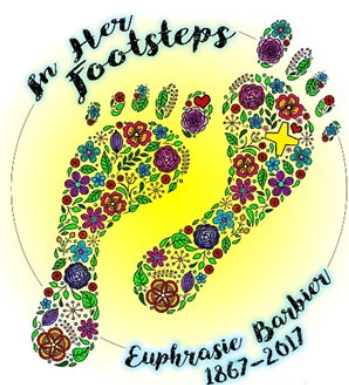
Sacred Heart College

Te Kāreti o Ngākau Tapu ~ Hearts and Minds in Harmony

November 2017



150th Jubilee Celebrations



Principal's Message

Parents, Caregivers, and Whānau,

We have been waiting a long time for the 150th jubilee of Sacred Heart but it was worth the wait! A sensational weekend of celebrations over Labour Weekend were attended by over 450 past pupils, teachers, and friends of the school.

There was much excitement as friends of many years ago met and reminisced about school days. Sister Mary-Rose Holderness, past pupil and the last Mission Sister Principal (1986-1998), entertained diners on the Saturday night with amusing and insightful anecdotes of school life from the 1950's.

The school was resplendent on Saturday as visitors toured classrooms and facilities, a jubilee cake was cut, and sculpture unveiled. Bishop Charles Drennan celebrated the jubilee mass at a packed St Patrick's Church on Sunday with current and past students giving praise for the wonderful years of Mission Sister service and education at Sacred Heart College.

In the same week we received the Catholic Education Office's Special Character Review Report. Here are some quotes from a glowing report on the vibrancy and outreach of our Catholic Character:

- The college is a strong Catholic community where spirituality and participation in the faith practices of the Church are valued.
- The development of spirituality and faith practices combined with the RE programme are providing a source of moral and ethical guidance that are supporting the students to respond to issues in a Christian way.
- All staff are positive role models who support, uphold and appropriately witness to the Catholic character of the college.
- The RE curriculum is being delivered with integrity, and is taught by committed faith witness teachers
- The college endeavors to promote and support active Catholic witness by working to link faith and life, and faith and current culture.
- Recognising education is a collaborative responsibility, the school has a strong commitment to all of its stakeholders: whānau, faith communities of the Parish of Napier and Hastings, the Māori and Pasifika communities, its founding religious order, the network of Catholic schools and its Proprietor.

The college has mourned the loss of two staff members recently. Mrs Karyn Johnson, a teacher for the past 9 years, passed after a long illness which was felt most especially for she was much loved for her kindness and the beautiful spirit she showed with us all. Sister Moira Ross, RNDM, was a teacher and Principal (1973-1976) of the college and the Ross Building was named in honour of her service for the school. Our prayers are with these families.

A number of factors combine to make the coming weeks stressful for our young people. The anxiety of exams and finishing school can impact on their wellbeing. We have shared strategies with students in order to support their needs but should anything develop, please call us anytime; we are here for the girls.

We celebrated the appointment of Junior Leaders at assembly this week. Self nominations and staff input determined their leadership role—we aim to develop their confidence and skills as leaders for the final weeks of the year.

The Catholic Education Office has signaled there will be no increase in the Attendance Dues for 2018; this is the

Year 9		Year 10	
Dane Auginot	Courtney Beams	Tiger D'Assefa	Lucy Dinneen
Eva Deihl	Lucy Harvey	Ashleigh Hammond	Grace Mawson
Samantha Herries	Mikyla Hutana	Anna Restieux	Delilah Savaiinaea
Peata Kaio	Geena Mouat	Lara Turnbull	

first time I can recall no change which is great for family budgets. Should current Dues be causing financial challenge or any other school finances, please give me a call so I can come and meet with you for support.

The major end of year celebrations are looming; an invitation is extended to join us to acknowledge student achievement and school success.

Wednesday 6 December

Minor Prizegiving 1.15pm

Holderness Gymnasium

Thursday 7 December

Major Prizegiving 11.00am

St John's Cathedral

Thursday 7 December

Thanksgiving Mass 7.30pm

St John's Cathedral

Let us finish with a prayer to centre our spirits,;

Peace

Peace is tranquil and calm

Peace is restful and still

Peace is soothing

Peace is being free

I look forward to sharing time with you over the final weeks and our premier occasions.

Regards and God's blessings.

Steve Bryan

Principal



Academic News

Term 4 always has a strong examination focus. In order for girls to do well they need to look after themselves and use time wisely. They also need a quiet space and good family support to effectively prepare. Of course solid learning all year is an advantage but solid preparation over the coming days and weeks is important. You as whānau/ family can assist your daughter by encouraging them to do the following:

1. Eat breakfast - **It's not called the most important meal of the day for nothing: research has found that skipping this meal significantly reduces students' attention and their ability to recall information.**
2. Put your phone away - **This should be an obvious one, but for many it isn't. Phones can be distracting; they are linked to fomo (fear of missing out), and evidence shows that researchers found that the mere sight of a phone was enough to reduce a person's ability to focus.**
3. Start early and spread it out - **To commit something to memory takes time. Spreading out your revision sessions on a particular topic (e.g. one-hour sessions over 10 days) is more effective than spending the same amount of time in one go (i.e. 10 hours in one day).**
4. Doing old papers - **Testing yourself is one of the most effective ways to improve your ability to recall information. Practice papers provide a good starting point, as well as quizzing yourself at the end of your revision session.**
5. Don't listen to music - **Students who study in a quiet environment can recall more than those who revise while listening to music.**
6. Get some fresh air and exercise - **You cannot work all day, every day. Nor should you. Going outside and getting some fresh air helps people feel refreshed and better able to focus afterwards. Furthermore, doing a little bit of exercise helps people deal better with stressful situations by reducing anxiety and increasing self-esteem**
7. Sleep - **Students are encouraged to work hard and revise a lot before their exams however, there comes a time when they need to stop and go to sleep. Knowing when can be tricky.**

We wish all students the best of luck for their exams and may their efforts be realised.

Helen Fouhy

Deputy Principal

Pastoral Matters

Attendance throughout the year has been very positive and we thank you for your encouragement to ensure that your daughters come to school each day. It is important to remember that the learning for juniors continues after their exams. Work covered in the last few weeks of the term is essential for academic success into next year.

Thank you for making certain your daughters are in their correct summer uniform. It is also a good time to check uniforms for the correct fit and mending requirements with a view to being prepared for next year. Please take particular note that hems are securely sewn at a length that ensures when the student is kneeling the skirt is touching the floor.



Two alerts have recently been emailed home which I bring your attention to again:

- Please discuss with your daughters the importance of keeping themselves safe when they are in the community. Simple steps including; never walking alone, avoiding secluded places and reacting fast to any threat by shouting, running and calling the police are recommended.
- Catching a bug is sometimes unavoidable. If your daughter has vomiting or diarrhoea they should stay away from school for at least 48 hours after symptoms have cleared. It is very important that the patient remains hydrated by drinking plenty of fluids including rehydration drinks while they are ill.

Marysia Airey
Assistant Principal

Excellence Awards October/November

Level 1 NCEA

History: Research a historical event occurring during the Civil Rights Era: Kyrach Collier, Gina Glass, Elizabeth Hare, Nina Hegarty, Serenity Hikawai-Haggerty, Katrina Jones, Emma Rodger, Alexandria Scurr.

History: Demonstrate understanding of a significant historical event during the Civil Rights Era: Kyrach Collier, Gina Glass, Elizabeth Hare, Nina Hegarty, Katrina Jones, Alexandria Scurr.

Music: Perform two pieces of music as a featured soloist: Vikki Anderson, Nina Hegarty, Ashleigh Keenan, Isabella O'Brien, Alexandra Thompson, Nakita Turner, Gina Glass

Music: Demonstrate ensemble skills through performing a piece of music as a member of a group: Nina Hegarty, Alexandra Thompson, Nakita Turner, Gina Glass

Music: Compose two original pieces of music: Vikki Anderson, Nina Hegarty, Ashleigh Keenan, Alexandra Thompson

Science: Chemistry – Carry out a practical chemistry investigation – with direction: Caitlin Booth, Kyrach Collier, Gina Glass, Elizabeth Hare, Grace Hawke, Nina Hegarty, Serenity Hikawai-Haggerty, Ashleigh Keenan, Bridget Kelly-Lowe, Frances Marra, Molly McEvoy, Cidney Pattison, Denis Penitito, Coorn Sabmeethavorn, Alexandria Scurr

Level 2 NCEA

Chemistry: Demonstrate understanding of oxidation-reduction: Samantha Anderson, Reagan Dunphy, Brynne Hey, Alena Kamper, Celine Lowe, Charlotte McLean

Classical Studies: Demonstrate understanding of the relationship between aspects of the classical world and aspects of other cultures: Grace Burrell, Monica Cacho-Bevin, Ella Harkness, Jasmine McArthur, Pypah McGregor, Baileigh Sparkes, Ella White Shaw.

History: Carry out an inquiry of an historical event occurring during the Conflict in IndoChina: Grace Burrell, Monica Cacho-Bevin, Ella Harkness, Jasmine McArthur, Pypah McGregor, Baileigh Sparkes, Ella White Shaw.

Music: Perform two substantial pieces of music as a featured soloist: Baileigh Sparkes, Samantha Anderson, Sophie Hammond

Music: Demonstrate ensemble skills through performing a substantial piece of music as a member of a group: Henga Ofa, Baileigh Sparkes, Sophie Hammond

Music: Compose two substantial pieces of music: Baileigh Sparkes

Music: Devise an instrumentation for an ensemble: Baileigh Sparkes

Physics: Demonstrate understanding of atomic and nuclear physics: Sophie Hammond, Johanna Minehan, Isabella Morris, Baileigh Sparkes, Emily Taylor

Level 3 NCEA

Calculus: Apply systems of simultaneous equations in solving problems: Myer August, Jessica Bewick, Lucy Foster, Rjlene Lauvao, Louena Tuakalau

Chemistry: Demonstrate understanding of oxidation-reduction processes: Michelle Arnold, Jessica Bewick, Alivia Goldfinch, Holly Pablo, Bridgette Petrie, Hannah Winnie

English: Produce a selection of fluent and coherent writing which develops, sustains and structures ideas: Emma Bergman, Amy Gibson, Rebecca Moge, Samantha Pocock.

English writing portfolio: Emma Bergman, Jessica Bewick, Niamh Dunphy, Lucy Foster, Amy Gibson, Ani Harris, Rebecca Moge, Holly Pablo, Daman Parhar, Bridgette Petrie, Samantha Pocock, Michaela Porter.

Music: Perform two programmes of music as a featured soloist: Jessica Clarke, Holly Pablo

Music: Perform a programme of music as a featured soloist on a second instrument: Jessica Clarke

Music: Demonstrate ensemble skills through performing two substantial pieces of music as a member of a group: Angelina Sefo

Physics: Demonstrate understanding of modern physics: Lucy Foster, Sahil Kaur, Rjlene Lauvao, Jessica Bewick, Holly Pablo, Bridgette Petrie



Special Character

Labour weekend provided one of the highlights of the special character calendar for 2017. The 150th Jubilee Mass.

Students gathered with past pupils to celebrate the Special Character of our school. Some of today's students are the 3rd generation of women to be educated in the RNDM spirit.

Past pupils were impressed with our school song Missions Divine. One parishioner even commented that she felt like dancing to our final hymn. This comment is testament to Euphraise's virtue of zeal that is still present in our school today.

Congratulations to all the students who supported this great occasion and a special thanks to the Jubilee committee for organising a weekend we will never forget.



Kelly Briggs
Director of Religious Studies

Library Corner

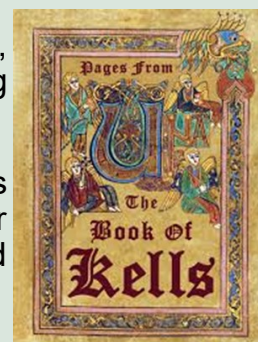
One of the highlights of my trip to Ireland was to go to Trinity College and see for myself this book, The Book of Kells. It is an ancient text, dating back to the 8th century. Each letter and each illustration is a carefully hand-created masterpiece.

Over the weekend we celebrated our 150th Jubilee. On display in the Library we have an old Bible, possibly brought out by the RNDM sisters. It was published in 1833. While the illustrations and layout is old fashioned it is still a beautiful book that can be read and enjoyed.

I also displayed some old books that many past pupils would have remembered reading, maybe as a class text. I often heard the comment over the weekend, "I remember reading that book."

It got me thinking that I hope we will always have books. If every book that is written today is only in digital format in years to come there will be no evidence of its existence and our culture will be the poorer for that. I encourage you to purchase those favourite books and treasure them and make sure future generations can enjoy them too.

Maryanne Macintosh
Library Manager



Sport

Welcome back to Billie Madsen who has returned from maternity leave. I know the girls are thrilled to have her back.

As we are now in Term 4 summer sports have begun. Please encourage your daughter(s) to continue to show up to training and all games. We truly appreciate all the coaches and managers for making it possible for these teams to be able to play.

Year 10 Camp is approaching fast. Please ensure that all forms are returned as soon as possible. Also note that camp must be paid for before departure on Wednesday 22 November. If there are any issues please contact myself or the school office.

Good luck to the girls for the upcoming season and all examinations.

Katrina Wright
Sports Coordinator

Arts

It has been another busy time in the Art's Department.

Both the Art' and Music students have now successfully completed all their internal assessments, and are working towards the external examinations.

Our Arts in the Amphi Festival held on Tuesday 17 October was a huge success with over 70 folio boards on display in our Mission Centre from 3.30pm. This was then followed by the Music Department presenting their annual concert featuring a range of performances. The Year 9 Maori Performance group opened the festival with an impressive Poi and Hip Hop rendition of "Wairua". This was the followed by our newly created Jazz Band, featuring Samantha Anderson singing "Valerie". Solo items were scattered throughout the programme as were small group items featuring chamber music, rock, pop, classical and even some musical theatre. The concert was closed with a lovely rendition of 'For Good' by the Marian Choir.

For those students who would like to newly enrol or re-enrol for instrumental lessons in 2018, please contact Miss Carson for a Music Contract if you haven't already don't so.

We wish our senior Art's students all the best for their exams.

Rachel Carson
TIC Music/ Arts Coordinator



Junior Artist of Month

Grace Mawson 10JL



Senior Artist of the month

Rebecca Moge 13CS



Hearts



Heritage

1912 - Whole school photo



An update from the Board of Trustees

As you are all aware the Board has successfully appointed a new Principal for Sacred Heart College in 2018 – this has been a time intensive process. We welcome Mrs Maria Neville-Foster in January.

At our last meeting we farewelled outgoing student trustee Alexandra Anderson. We are very grateful to Alexandra for the time she generously donated during the appointment process on top of her already busy workload. In her footsteps, we welcome Alexandria Scurr as the new Student Trustee. Congratulations on your successful campaign and we look forward to your input at our meetings.

At Labour weekend I had the pleasure of attending our school's 150th Jubilee festivities. I would like to thank the organising committee, PTA, staff, students and parents for a wonderful weekend. It was great to re-connect with some forgotten sisters. During the course of events I received numerous positive comments regarding how the school has progressed over time and how lovely our School Tour Guides were.

At the end of this week our senior students begin their NCEA examinations – best wishes to you all for the next 3 weeks.

God bless

Carolyn Hegarty
Chairperson

Building Families

My heart is lifted every Sunday by the presence at Mass of young families, elderly, teenagers, and young adults. I know that many have made great efforts to be present.

I also know that some of us feel we do not belong or worry that we may not fit in. God's whānau, the Church, is everyone's home. There is room for everyone at Mass. No one need feel alone or different.

I want to encourage you all to step up and get to Mass. Pressures tugging us away are strong. But Sunday Mass far from reducing our freedom enhances it, as it shapes the persons and families and communities we are called to be.

Jesus wants to help build your family. So does your parish. The special children's liturgy part of Mass means you needn't worry about keeping little ones occupied. And as teenagers and adults why not take just one hour a week to chill out spiritually, to be nurtured with God's Word and to receive Jesus himself in holy communion. The cafes will still be open, the sports fields never go away, friends and cussies won't shift.

Check out Mass times at <https://pndiocese.org.nz/pastoral/masstimes/>. For some of you it may be the first time you have been to Church for a long time. Welcome. For others give yourself a challenge to change your question from "shall we go to Mass today?" to "which Mass shall we go to today?"

Thanks to you all for your sense of belonging, no matter what stage that is at. Feel encouraged. The priests and I are here simply to serve you, and we love doing that.

Bishop Charles. + Charles



The Catholic Parish of Napier
Te Parihi Katorika ki Ahuriri

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Calendar

November	
6	Junior Study Day/ Teacher PD Day
7 - 9	Junior Assessments
9 Nov -1 Dec	NCEA Exams Start
10	Year 10 Retreat
13	Year 9 Retreat
15	Junior Scripture Reading Final
20	Induction Day
20	9KS Planetarium visit
20	Leap Presentation 5pm
22	Year 9 Aquatics Day
23	9AS planetarium visit
24 - 30	VAEP exhibition at CAN
27	PTA meeting
28	BOT meeting
29 Nov -1 Dec	EOTC Year 10
29	Leaver's Dinner
December	
4	Year 10 Art Music and Textiles students at EIT
5	Junior Reports home
6	Minor Prizegiving
7	Major Prizegiving - St John's Cathedral 11am
7	Thanks giving Mass - St John's Cathedral 7.30pm
8	House Music / Final Liturgy
8	Students home 12.00pm



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