



# SACRED HEART COLLEGE

Te Kāreti o Ngākau Tapu | Hearts and Minds in Harmony

Issue 7 November 2019



Our beautiful girls performing at the Poly Fest in Hastings on 28 September 2019. We are very proud of such great performances.





# From the Principal

Tēnā koutou, Talofa lava, Mālō e lelei, Dia duit.

Dear Parents, Guardians & Whānau,

It is that time of the year now when the focus is all about examination revision and preparation. Both Juniors and Seniors start their respective and school NCEA examinations this week. Seniors are released to study at home and some tips to support your daughter during her study/revision are shared later in this newsletter. I encourage you to read these and help your daughter with time management and healthy choices over the coming weeks.

As our Seniors go on examination leave, we celebrate the appointment of Junior Leaders. Self-nominations and staff input determined their leadership role—we aim to develop their confidence and skills as leaders for the final weeks of the year. I congratulate:

## Year 9:

- Ila Pasikalia Maugututia
- Te Amokura Watson
- Georgie Chapman
- Caitlyn Lane
- Eva Wright
- Lucia Urquhart
- Reese McKinley-Rhodes
- Emily Deihl

## Year 10:

- Charlotte Clayton
- Alice Thomas
- Taila Reardon-Crichton
- Taylah Vo
- Jacque Matauli
- Jaimee Gerbes
- Rylee Fergus
- Zoe Hawkins

We started this term with a fantastic display of art work and performances with 'Arts at the Amphi'. There was music and drama and outstanding art work for us all to enjoy. Thank you to Mrs Howlett and Miss Carson for helping our Senior Leaders organise a wonderful event and thank you to our Whānau who attended.

Thank you to those of you who have been giving feedback on how we do things here at SHC. Some areas for improvement were identified that came through from Ask Your Team surveys, the PISA testing that was completed last year, and from conversations with students, whānau and staff. We are pleased to announce that in 2020 we will be restructuring our Pastoral Care system. As part of our strategic plan we are focused on creating a strong and powerful sisterhood. In 2020 our form class structure will become 'vertical tutor groups' built into our house structure. You can read more about this later in the newsletter.

This year we have put a Christmas tree up in the Mission Centre and we ask girls to bring a gift in the form of non-perishable food or a toy. These will be collected around the tree and given to St Vincent de Paul for families in need. We thank you for your support with this initiative.

The major end of year celebrations are looming; an invitation is extended to you all to join us to acknowledge student achievement and school successes at the events listed on the right.

I am looking forward to seeing you all over the coming weeks.

God Bless

Maria Neville-Foster

**Principal**



## You are invited to our end of year celebrations:

### Minor Prizegiving

Thursday 5 December 2019

At 1.00pm

Holderness School Gym

### Major Prizegiving

Friday 6 December 2019

At 11.00am

St John's Cathedral, Napier

### Thanksgiving Mass

Friday 6 December 2019

At 7.30pm

St John's Cathedral, Napier

## Te Reo Māori students supporting the National SOLGM Summit

The SOLGM, the national membership organisation for local government professionals, held their annual hui in Napier.

Our students were there to open the event with haka powhiri and waiata. Students then sat in on keynote speaker Dame Anne Salmond's session who is a Distinguished Professor of Māori Studies and Anthropology and a leading Social Scientist.



# Special Character

## Digital Technologies in Religious Studies

The Year 11 students completed their unit on 'The Reformation' by designing Catholic Churches. One of the key areas of learning within the unit was based on the differences that arose between Catholic and Protestant worship and how these differences were reflected in the architecture of the Churches during the time.

Year 11 students used Minecraft to design a Catholic Church with careful attention being paid to the placement of essential items within the Church, such as the altar, baptismal font and tabernacle.



The students will be able to use this base knowledge to help them in Year 12 as they focus on the redesign of St Patrick's Church, Napier after the 1981 fire.

## Year 11 Retreat

The Year 11 Retreat took place on Friday 13 September. The focus for the retreat this year was living a life of Mission.

Students started the day with guided meditation with a focus on answering the call of Jesus to enter their hearts. Girls were encouraged to listen to Jesus knocking on the door of their hearts and to open the doors of their hearts. Our guest speakers were from the Society of St Vincent de Paul Hastings. They shared their journey working with issues of social justice in the community.

Students then went to PaknSave to buy food parcels for St Vincent de Paul. The day ended by painting rocks with scripture quotes and placing these on the beach as a way of spreading the Good News in the community.



On Sunday 3 November, students of Sacred Heart College gathered together with the Catholic Parish of Napier to celebrate the Baptism, Confirmation and First Communion of Ana Worthington and the First Communion of Kelsie Hawkins.

The Gospel read during the Mass reminded us that Jesus has a special love for people who turned from their lives of sin to repent and live the way that God wants. Father Barry invited us to reflect on how Jesus seeks us out, like he has done with Ana and Kelsie.

A special thanks must be made to Victoria Vo, our Youth Minister, who prepared the girls alongside Father Barry.

If you are interested in receiving the sacraments or becoming Catholic please speak to one of the Religious Education teachers at school or our Youth Minister. We will make contact with the local Parish and help arrange a suitable programme to help you grow in your faith.

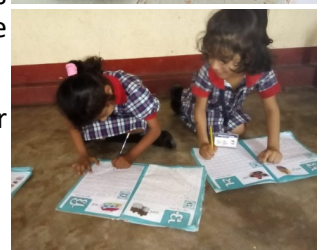


Our School theme this year is "Living Euphrasie's Dream". This theme is prompting our students to recognise the call of Jesus to be partners in the mission of the Church and deepen their understanding of the mission of the RNDM sisters. As an RNDM School we are in the privileged position to be able to support the missionary projects of the RNDM Sisters around the world. The 2019 RNDM appeal is to support the Mariam Niketan Primary School in Belvai, India. This is a primary school where many poor students come to get a good education. The RNDM Sisters are in the process of upgrading their primary school and seek financial support to purchase 40 sets of desk and benches for 5 classrooms.

On Friday 29 November all Junior students will be participating in a 'No Chair' fundraiser at school. The intention of the day is to experience what our RNDM Sisters in India work with on a daily basis and raise funds towards the purchase of classroom furniture in India. Students will be attending all classes as per the timetable but will not have access to chairs. This will be a challenge for our students as they are accustomed to classroom furniture.

We are asking all students to seek sponsorship for our fundraiser.

Kelly Briggs  
**Director of Religious Studies**





# Pastoral Care

You will have received an email recently about a change in structure in 2020 to our Pastoral Care system at Sacred Heart College.

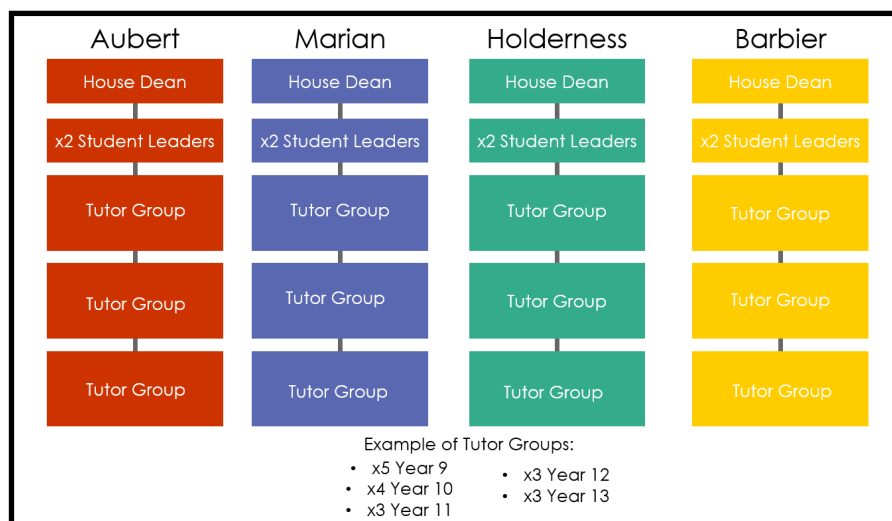
This has come about from the information that we have received through a number of avenues including the Ask Your Team survey of students, parents and teachers. As part of our strategic plan we are focused on creating a strong and powerful sisterhood.

In 2020 our form class structure will become 'vertical tutor groups'. This means that your daughter will be in a Tutor Group with students from Year 9 – Year 13 and will be with the same tutor for the five years. The tutor group will be part of a House so that all students, including the teacher, will be in the same House. This will mean that some students may need to move to a different House in 2020. Each House will have a Dean and two student leaders.

It is hoped that the new structure will :

- build long-term relationships, as students are with their tutor teacher and each other for their entire time at Sacred Heart College
- build long-term relationships between home and school
- promote peer support and peer mentoring within the tutor group
- provide more opportunities for student leadership
- promote guidance for careers and future subject planning
- enable tutor teacher involvement in student pastoral care through active mentoring
- balance numbers across tutor groups and houses
- build identity within the House system
- enhance Deans' access to students
- improve the sense of belonging within our school

All of the above have a direct correlation to improved success at High School. Below is a visual of what this will look like.



If you have any questions, please do not hesitate to contact me.

Marysia Airey  
**Deputy Principal (Pastoral)**

## Vietnam Trip



What an absolute delight to travel to Vietnam with a fabulous group of students and Whaea Hillman. Involving ourselves in the culture, learning the history through the eyes of the Vietnamese people and meeting with the RNDM Sisters (pictured Sr Vianney the province leader) made this an outstanding experience.

Mrs Airey



# Academic

Term 4 always has a strong examination focus. In order for girls to do well they need to look after themselves and use time wisely. They also need a quiet space and good family support to effectively prepare. Of course solid learning all year is an advantage but solid preparation over the coming days and weeks is important. You as whānau/ family can assist your daughter by encouraging them to do the following:

1. Eat breakfast - It's not called the most important meal of the day for nothing: research has found that skipping this meal significantly reduces students' attention and their ability to recall information.
2. Put your phone away - This should be an obvious one, but for many it isn't. Phones can be distracting; they are linked to fomo (fear of missing out), and evidence shows that researchers found that the mere sight of a phone was enough to reduce a person's ability to focus.
3. Start early and spread it out - To commit something to memory takes time. Spreading out your revision sessions on a particular topic (e.g. one-hour sessions over 10 days) is more effective than spending the same amount of time in one go (i.e. 10 hours in one day).
4. Doing old papers - Testing yourself is one of the most effective ways to improve your ability to recall information. Practice papers provide a good starting point, as well as quizzing yourself at the end of your revision session.
5. Don't listen to music - Students who study in a quiet environment can recall more than those who revise while listening to music.
6. Get some fresh air and exercise - You cannot work all day, every day. Nor should you. Going outside and getting some fresh air helps people feel refreshed and better able to focus afterwards. Furthermore, doing a little bit of exercise helps people deal better with stressful situations by reducing anxiety and increasing self-esteem.
7. Sleep - Students are encouraged to work hard and revise a lot before their exams however, there comes a time when they need to stop and go to sleep. Knowing when can be tricky.

We wish all students the best of luck for their exams and may their efforts be realised.

Elizabeth Ross  
**Deputy Principal (Curriculum)**



Here's Selina and Danielle at work experience at The Faraday Centre.

Mrs Fiona Quane  
**Future Pathways Coordinator**

## Future Pathways

What a year! With fabulous support from our local businesses we draw a close to our Future Pathways work experience for 2019. Our girls learnt and achieved a lot, even if it was ticking off a career they realise they now don't want to do, for most, it affirmed they were on the right track. It's all been really positive.

## Make and Model



Pictured: Brooklyn Marshall, Ashleigh Hammond, Gemma Eagles, Keryn Olsen, Maggie Hare and Ms Fiona Fox

Well done to the girls who entered into the Make and Model at this year's A&P Show.

Congratulations to Brooklyn Marshall who received 2nd prize in the Senior section. The judges commented on the excellent quality of all our student's work.

## Pathways success story

We had Pare McIlroy undecided in what she really wanted to do when she left school. She took part in a hairdressing STAR course at Premier Institute of Education and found out she loved it, so off she went to begin her journey with Premier studying hairdressing full time. We wish her all the best in her hairdressing career!



## Year 10 Work Exploration

It is that time of the year when we are on the hunt for Year 10 work placements for 19—20 November - working in retail, cafes/ restaurants and anything to do with animals. If you can help with a placement or two, please contact Fiona Quane on 835 3761 ext 841 or by email: [fquane@sacredheartnapier.school.nz](mailto:fquane@sacredheartnapier.school.nz).



# Student Achievement



This year the **Prime Ministers Vocational Excellence Award** was launched and we were given the opportunity to nominate our best vocational education learner. This was awarded to Barbara Muagututia who proved she was the best in our Future Pathways class by completing her Level 2 Porse Early Childhood Course. She was not only hardworking and a valued member of staff on placement at Wycliffe Nga Tamariki, but she is respectful, personable and courteous – a real pleasure to have around and she proves that students can achieve at the same rate as their peers through an alternative pathway.

Congratulations to our **EIT Trades Academy** girls, Havana Wallace-Boden, Sarah O'Malley, (Health & Fitness Level 3), Rebekah Holm (Health & Fitness Level 2) and Kellie Winiata (Animal Care Level 2). They were awarded at the EIT prizegiving last week and achieved their goals. Well done! Pictured right: Sarah, Havana and Rebekah at EIT Trades Prizegiving.



Congratulations to Alexandra Thompson who is this year's recipient of the **Young Achievers 2019** award by the Spirit of Napier Lions. Alexandra was chosen for her achievements through her academic, musical and sporting endeavours. She has gained Excellence Endorsement in NCEA Level 2 and has competed in two coding competitions at EIT, winning the title of Top Coder in Year 11. Alexandra has been part of the school choirs and bands, including Chamber Music groups, school productions and participating in the Big Sing. She has played touch rugby for four years and rugby union for two years. Alexandra has been highly successful in her five years of gliding and in 2018 she became the youngest National Champion alongside her co-pilot. She was the youngest in Australasia to go solo at age 12, and youngest to gain her qualified Glider Pilot license at age 14. She was also selected to participate in the RNZAF Schools to Skies programme.

## Orchestra



Our growing orchestra performed for us for the first time at our Arts Festival last week, unfortunately the weather didn't play ball, but we enjoyed their performance all the same.

Some of these girls have been sponsored by generous supporters of our Sacred Heart/ Parish community, who have paid for their music tuition for the year – A huge thank you to them, you know who you are!

If you would like to sponsor a student in 2020, even if it's just for a term – it would be much appreciated. Feel free to get in touch. Contact: Fiona Quane – [fquane@sacredheartnapier.school.nz](mailto:fquane@sacredheartnapier.school.nz)

## Arts

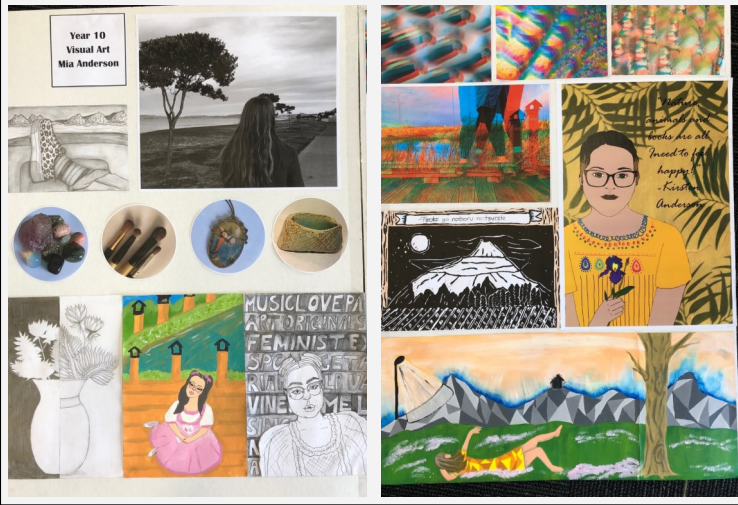
Some of the amazing working that was on display as part of the 'Arts in the Amp' on 22 October 2019.



# Arts

## September Artists of the Month

Junior: Mia Anderson



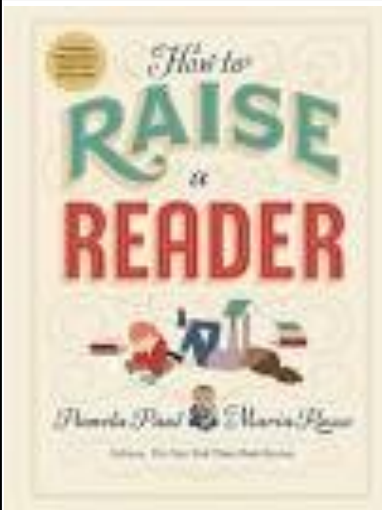
## From the Archives

Beverley Hutchinson Dux 1955-wearing  
the new Peter Pan collar

Senior: Grace Hawke



# Library Corner



One of the most common challenges for you, as a parent, is how to keep your daughter engaged in reading books particularly when the competition with social media is so strong. What is a parent to do? And why should it even matter?

The reasons, of course, are myriad. Readers are more likely to excel academically but there's much more to the picture. The latest research shows that children who read at home are also better at self-regulation and executive function – those life skills that make us happier and well-adjusted: controlling impulses, paying attention, setting goals and figuring out how to achieve them.

A great book full of practical tips to foster reading and a love of books is the recently published **“How to Raise a Reader”** by Pamela Paul and Maria Russo, parents themselves and editors of the New York Times Book Review. The book is an easy and useful guide for readers of all age levels and has an extensive recommended reading list organized by themes. It contains practical advice such as not dismissing graphic

novels or fan fiction; not being overly concerned if your reader veers towards rebellious or dystopian themes as such books are a safe way to channel an adolescent's emotions and for all levels, incorporating new technology into the reading experience instead of treating it as the enemy. Encourage your child to follow a favourite author on social media, download extra chapters from the publisher's website or post a book review on YouTube.

Above all, the authors encourage parents to get back to reading themselves if this activity has been left to slide in our time-poor daily lives. They say, “if you want to raise a reader, be a reader”.

There is a lot more practical advice and “How to Raise a Reader” can show you how to instill the joy and time-stopping pleasure of reading.

Happy holiday reading everyone.  
The Librarians SHC.



# Student News



On behalf of our school, we were given the amazing opportunity to attend the Spirit of Adventure Tuia250 Voyage. On the voyage, we travelled from Tauranga to Gisborne for five days, with many other students like us, from across New Zealand.

The Tuia250 Voyage is a journey of national significance showcasing the Pacific, Māori and European voyaging that brought us together. The voyage also celebrates Aotearoa New Zealand's Pacific voyaging heritage and acknowledges the first onshore encounters between Māori and Pākehā in 1769, 250 years ago.

Within our five days on the Spirit of Adventure, we learnt how to climb the riggings, use navigation skills, sail the ship, and most importantly developed teamwork and leadership skills that helped with our own personal growth, both mentally and physically.

Besides being seasick and the consistent vomit for three days straight, our highlights of this trip was climbing the riggings, sailing the boat and definitely getting to meet new people who became family to us throughout our time spent together.

Reflecting on the voyage, we can wholeheartedly say that this has been one of the best and life changing experiences of our lives.

The Tuia250 has become an opportunity for others and ourselves to hold honest conversations about the past, present, and how we can navigate our shared future together.

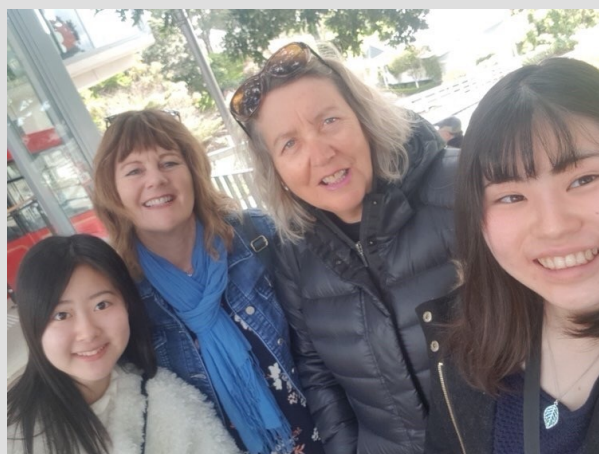
We would definitely recommend this to anyone in the future as it was all in all an amazing trip to be a part of.

Jacinta Fale'ofa Pulu & Barbara Muagututia



Sadly we farewell Mina and Mio from Japan. They have participated enthusiastically in school events from Athletics Day to Big Sing to the school ball. Both girls have achieved awards in Badminton; Mio for most valuable player and Mina most improved player. We also congratulate them for their great results in their recent IELTS exam.

Thank you girls for the wonderful contribution you have made to our school. Your school friends, host families and teachers will miss you and we wish you all the best for the future. Haere ra



## Looking for Homestay families

Our school is looking for host families for international students in 2020.

It is a great cultural opportunity with lifelong friendships being made.

Currently you can receive \$250 per week with students staying for a few weeks or up to a year.

If you are interested, please contact our International Student Director on: [international@sacredheartnapier.school.nz](mailto:international@sacredheartnapier.school.nz)





# Student News

## HB Secondary School's Reading Trophy and Lydiard Cup

We had a number of student's competing at the Regional Athletics meet on Wednesday 23 October. We had eight Year 9 student's and a Year 11 student participating on the night. It was great to see the girls compete in a number of events including the long jump, 100m, 200m, 800m, shotput and the 4x 100 relay. The girls came away with a 4th placing from this event which they should be very proud of.

Congratulations to the following who took part; Alisa Onuma, Georgia Dallas, Cailin Marlow, Te Amokura Watson, Ava Teddy, Amelia Murphy, Iriaka Peri, Abbie Gardiner, laneta Mauga.

## Year 9 Swimming

The girls have begun their swimming lessons at the Onekawa Pools on Thursday's. The three instructors have been fantastic in delivering these sessions for our girls. Areas they are covering include; technique, breathing, survival skills, assisting others, and water confidence.

# Notices

### Uniform Shop

The Uniform Shop opening hours are during term time on Thursdays at Break 1 and 2. EFTPOS/ credit cards, cash and cheques are all accepted. Laybys are also available.

### Additional Uniform Shop Hours

The Uniform Shop will be open additional hours in the lead up to the new school year. These are as follows:

- Thursday 28 November 2019 4pm-6pm
- Thursday 23 January 2020 4pm-6pm
- Monday 27 January 2020 3pm-5pm
- Wednesday 29 January 9am-12pm

## 2020 Attendance Dues Information

The compulsory **Attendance Dues charges for 2020** have been confirmed and will **remain the same as 2019**:

- **Primary** charge (Year 0 – 8) per child: **\$447.00**
- **Secondary** charge (Year 9 – 13) per child: **\$894.00**

A **voluntary donation of \$30.00 per child** will also be included on the annual invoice sent in March 2020. A donation receipt will be sent in April each year for any donations made to 31 March so that a tax rebate may be claimed for any donation amount of \$5.00 or more.

If you would like to make regular payments to spread payment of the total charge over the whole calendar year the amounts **per child** made from the **start of the year** are as follows:

#### Weekly—Attendance Dues only

Primary \$8.60  
Secondary \$17.20

#### Weekly—Attendance Dues & Donation

Primary \$9.18  
Secondary \$17.77

#### Fortnightly—Attendance Dues only

Primary \$17.20  
Secondary \$34.39

#### Fortnightly—Attendance Dues & Donation

Primary \$18.35  
Secondary \$35.54

#### Monthly—Attendance Dues only

Primary \$37.25  
Secondary \$74.50

#### Monthly—Attendance Dues & Donation

Primary \$39.75  
Secondary \$77.00

For assistance with payment options or to set up a regular deduction, please contact the Attendance Dues team.

We can be contacted on **0800 200 208** or by email: **dues@pndiocese.org.nz**.



# School Calendar



## November

5-7	Junior Exams	19-20	Year 10 Work Experience
8	NCEA Exams begin/ Year 10 retreat	20	Year 9 Aquatics Day
15	Reignier Day / 100M—Self Defense	26	Induction Day—new Year 9's
18	10MP Self Defence	26	BOT meeting 5.30pm

## December

2-3	Year 10 Camp	5	Minor Prizegiving
2	Leaver's Dinner	6	Major Prizegiving
3	Year 9 Retreat	9	Junior Reports home
4	Nativity & House Haka Powhiri	10	Course Completion

As exams get closer, we want to make our Year 13 students aware that many high-value scholarships will close at the end of November. It's now time to act - the below links is a Scholarship guide with the latest offerings, dates and guidance. Listed are hundreds of opportunities available to any Year 13 student planning to attend university in New Zealand in 2020.

### What is a School Leaver Scholarship and how does it help me?

Scholarships are offered by universities, companies and private organisations to year 13 students from all over New Zealand. The purpose of a scholarship is to pay a sum of money which will finance your studies, be it living costs or course fees. The purpose of a scholarship is to lower the burden of a student loan and reduce your student loan after university. Scholarship money is particularly useful for paying living costs, now at record highs, such as rent and food.

There are hundreds of scholarships available every year to Year 13 students. Provided you are eligible, you are in with a chance of being awarded one.

It's essential to know that scholarships are competitive, have limited numbers and follow strict deadlines. To have the best chance of success, it is crucial you get onto them early. School holidays are the ideal time to look and apply for scholarships as you don't have the distractions that come with term time.

<https://www.moneyhub.co.nz/scholarships-nz.html>

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